

Virtual Box 6.1.3x Ubuntu 20.04

Instructions to download & install VirtualBox 6.1.14 and Ubuntu 16.04 on a Windows 10 platform

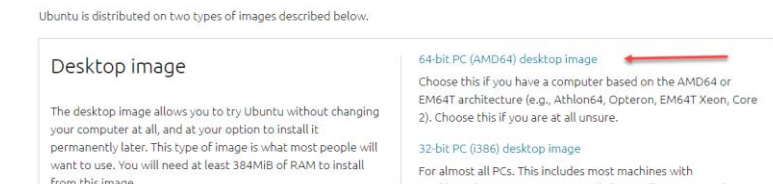
1. Download Ubuntu 16.04.7 disk iso image first

Go to <https://releases.ubuntu.com/16.04/>

20.04



Select an image



2. Click on "64-bit PC (AMD64) desktop image (red arrow)

The file "ubuntu-16.04.7-desktop-amd64.iso" will be downloaded to your Downloads folder. Since the file is 1.6GB, it may take several minutes to finish downloading depending on your internet speed.

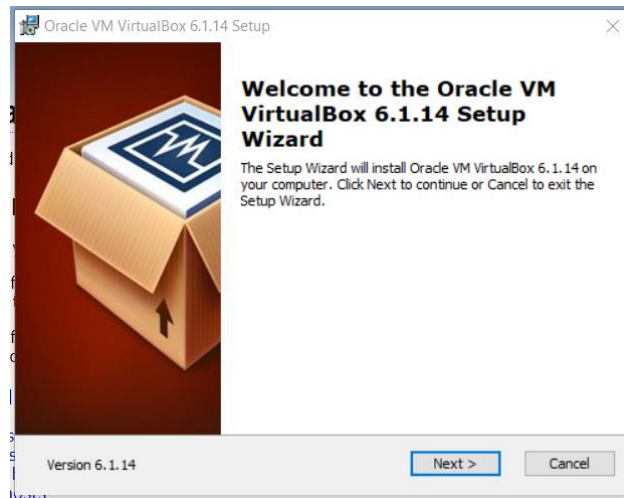
3. Now download and install VirtualBox 6.1.14
4. Go to <https://www.virtualbox.org/wiki/Downloads>



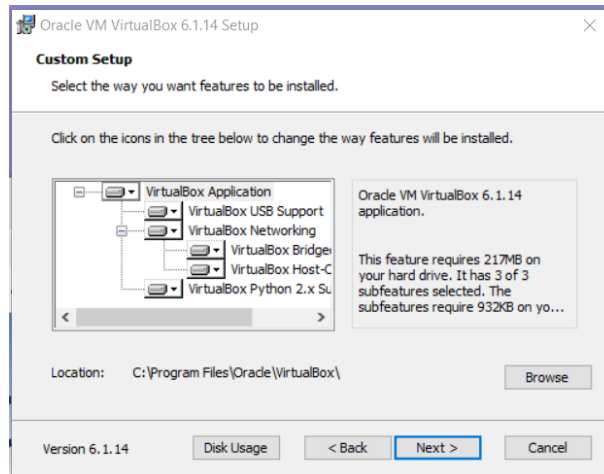
5. Click on Windows hosts (red arrow)

The file "VirtualBox-6.1.14-140239-Win.exe" will be downloaded onto the Downloads folder.

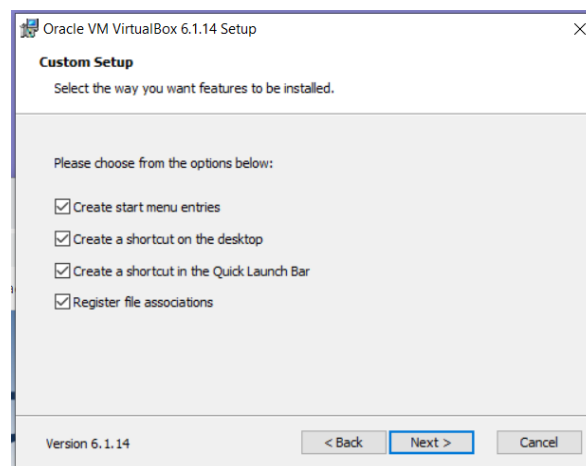
6. Open the Downloads folder and double click on this file to install



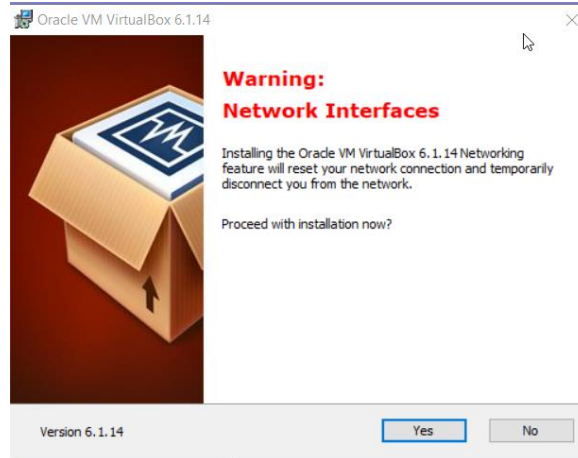
7. Click "Next"



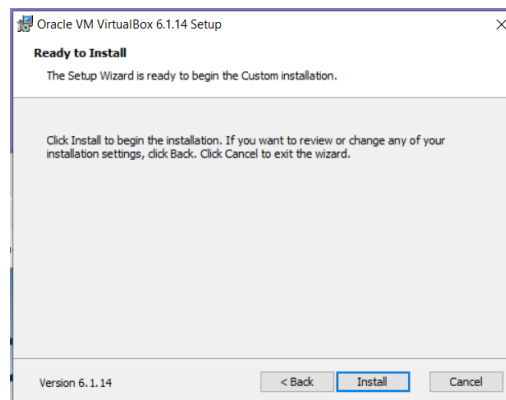
8. Click "Next"



9. Click "Next"



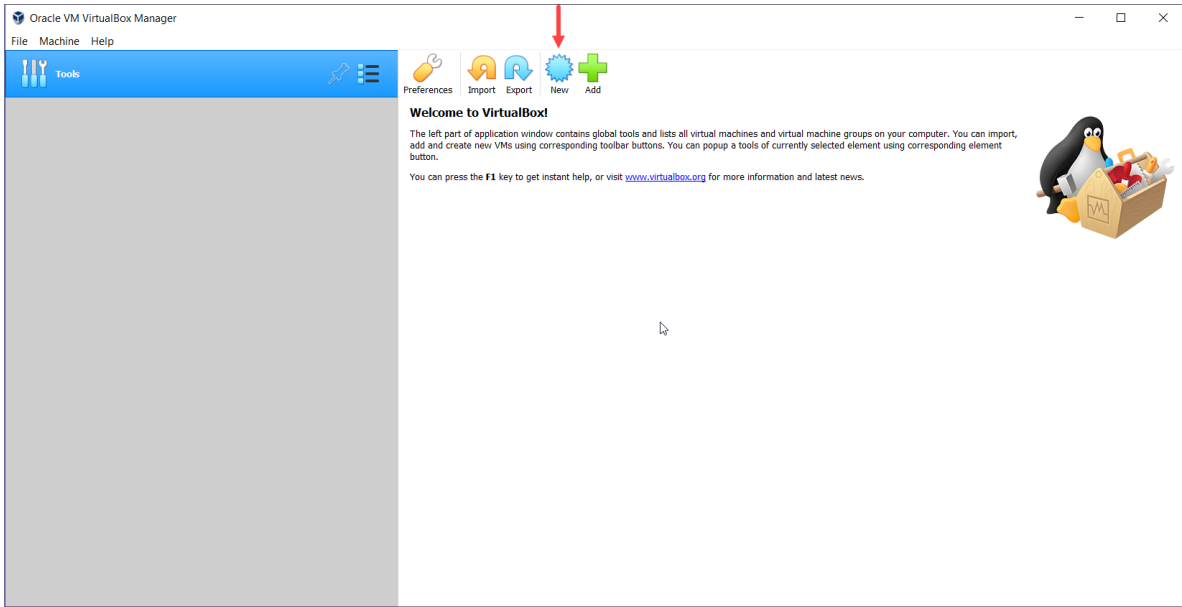
10. Click "Yes"



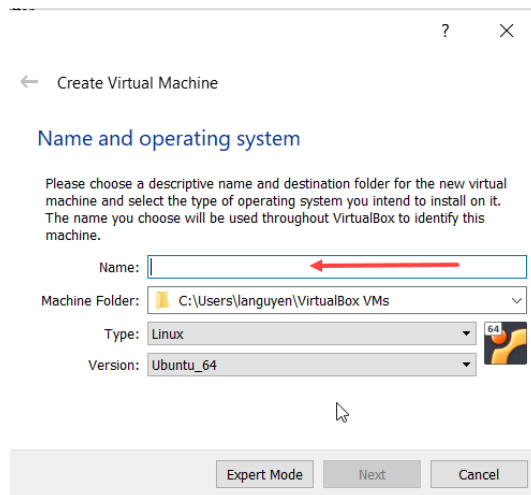
11. Click "Install"



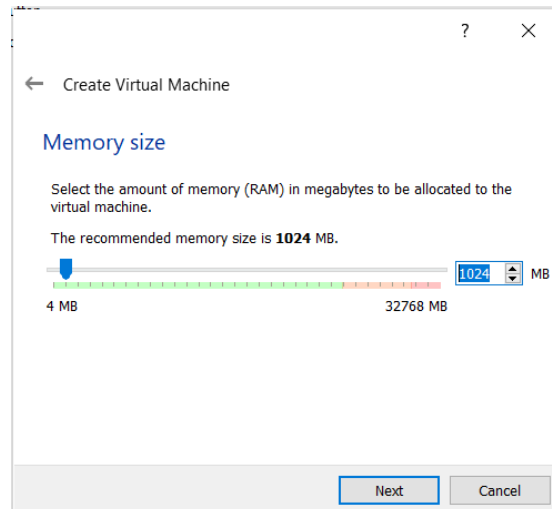
12. The installation of VirtualBox is done, Click "Finish" to run it



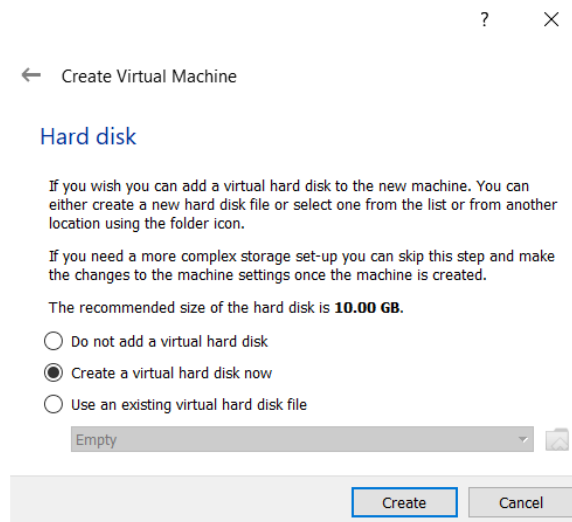
13. Click New (red arrow)



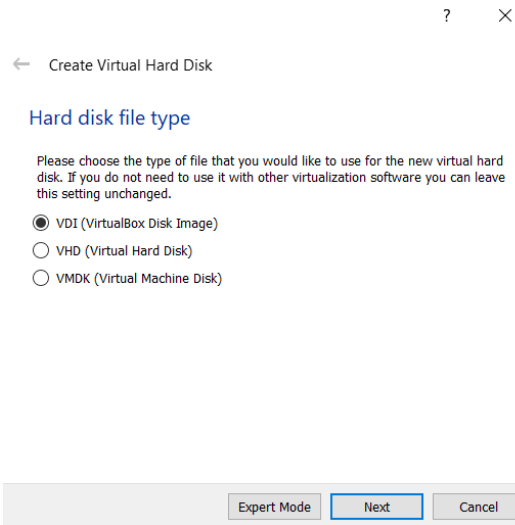
14. Type ~~Ubuntu 16.04.7~~ where the red arrow is, then click "Next"



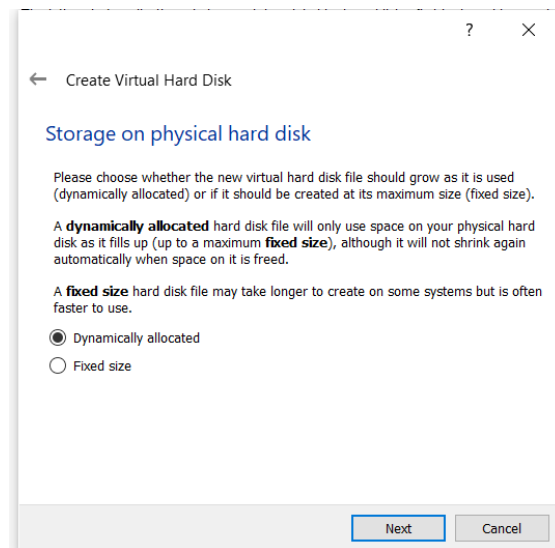
15. Adjust the memory size to what you need. If you are not sure, the recommended default 1024MB is sufficient for most applications, just click “Next”



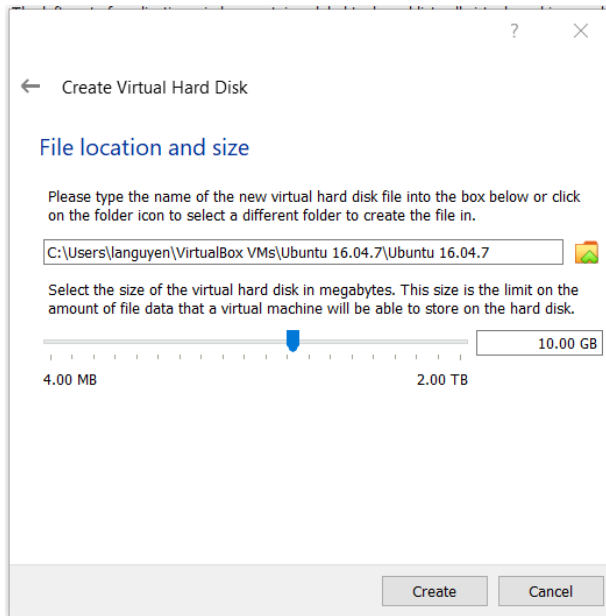
16. Click “Create” if you are happy with the recommended size of the hard disk 10 GB



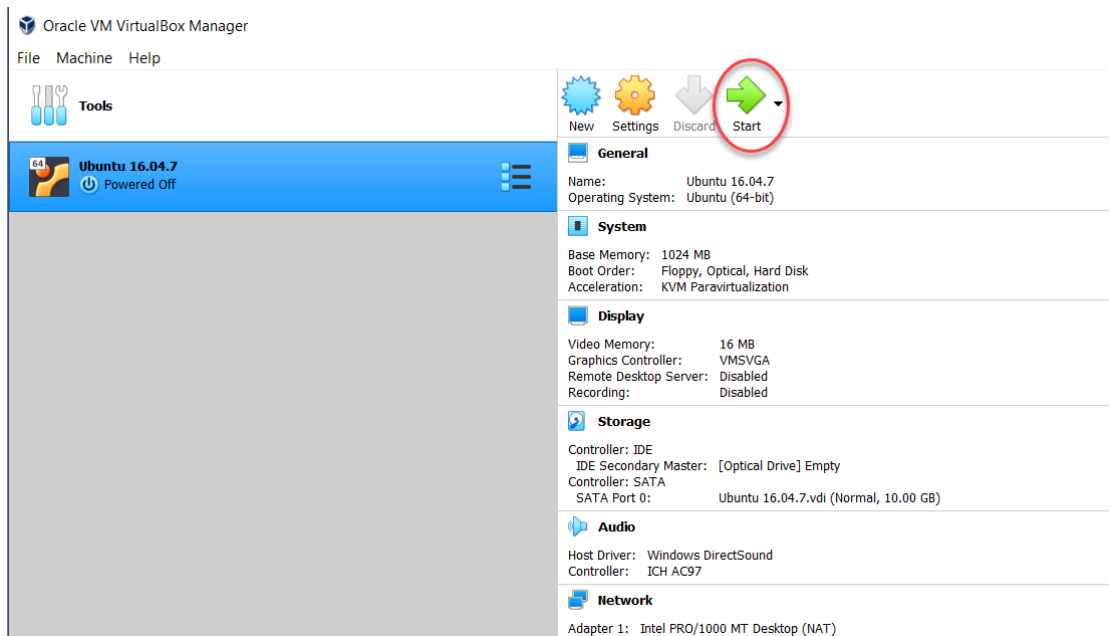
17. Click "Next"



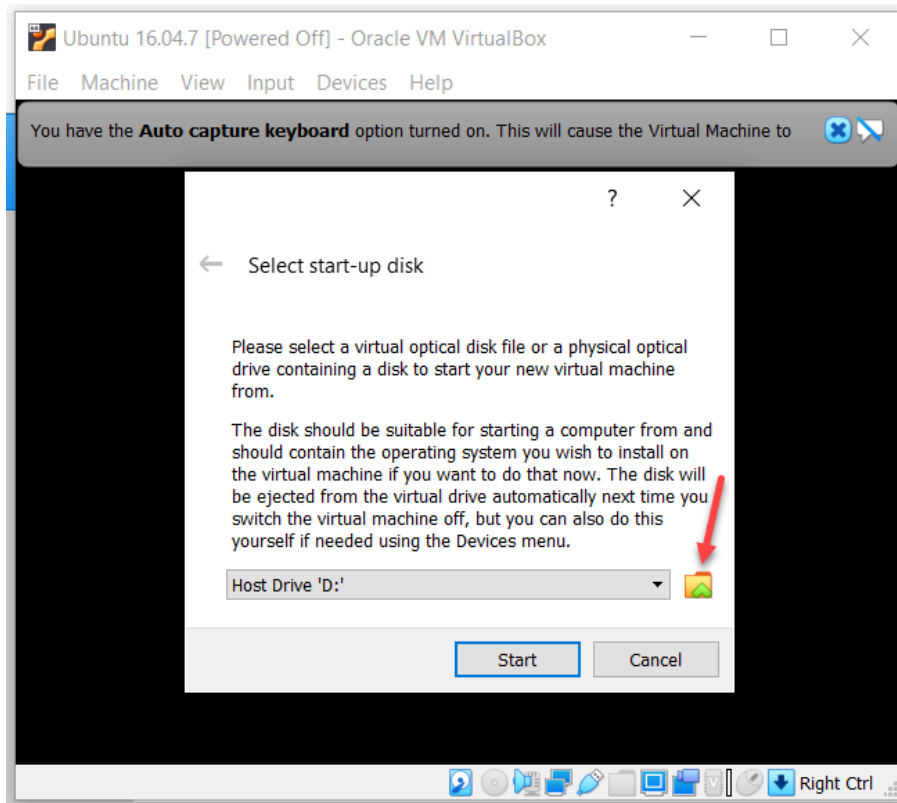
18. Click "Next"



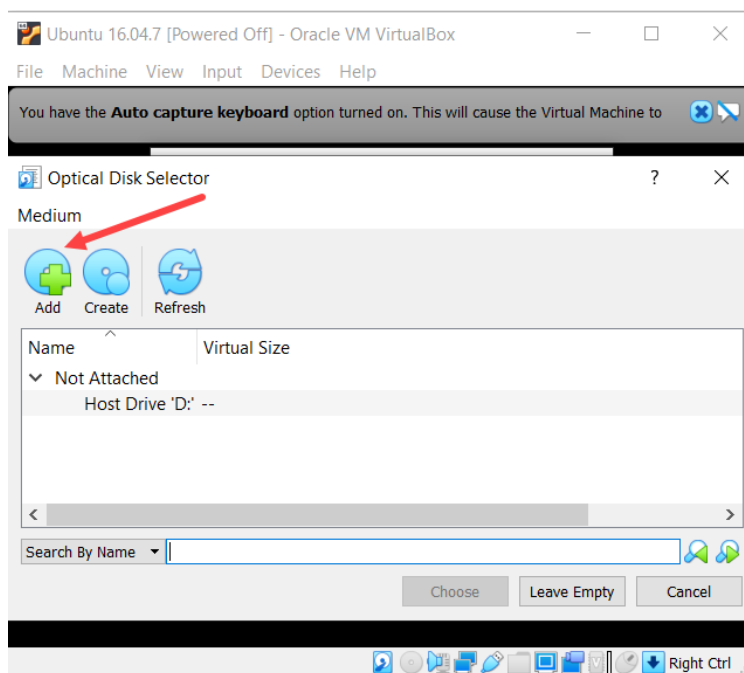
19. Click “Create”



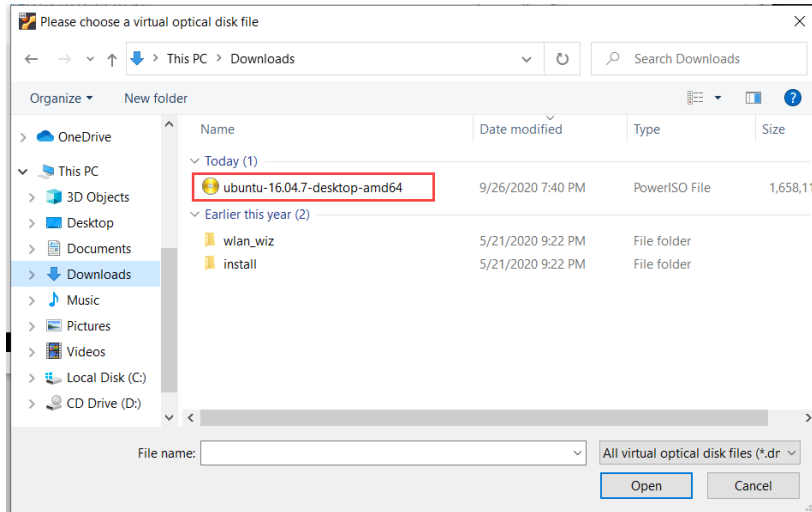
20. Click “Start” (the green arrow in red circle)



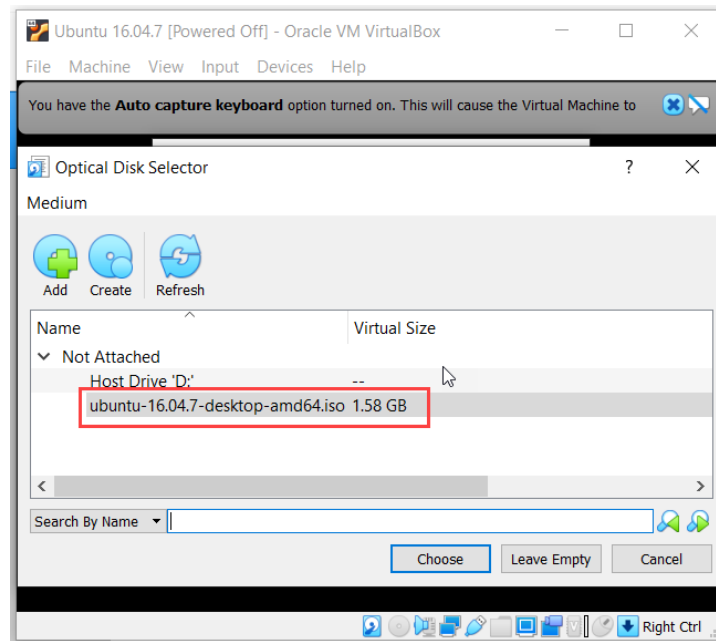
21. Click the Yellow Folder to select the location of the file "ubuntu-16.04.7-desktop-amd64.iso" that you had downloaded earlier.



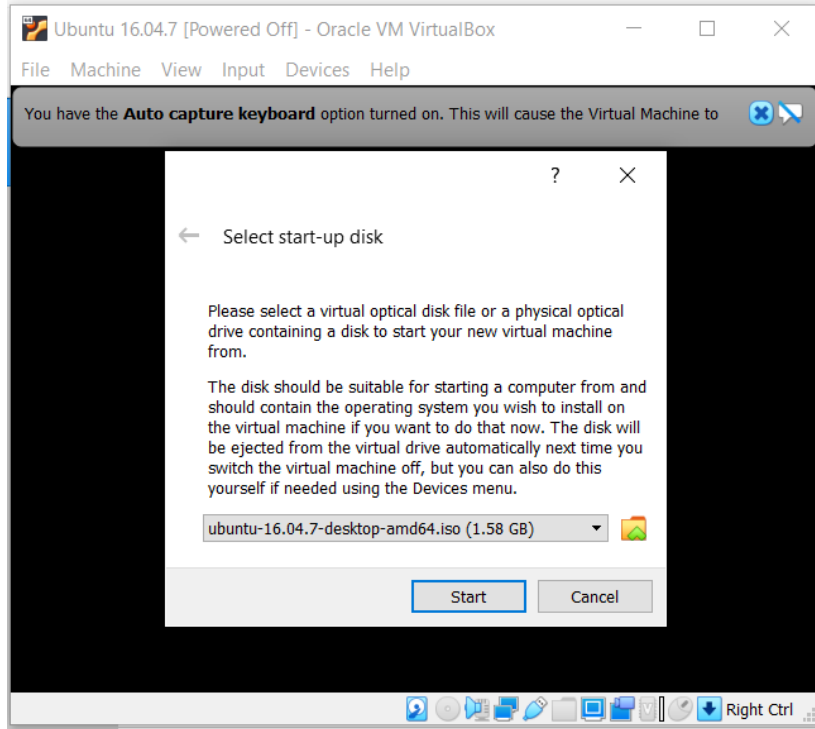
22. Click Add (red arrow)



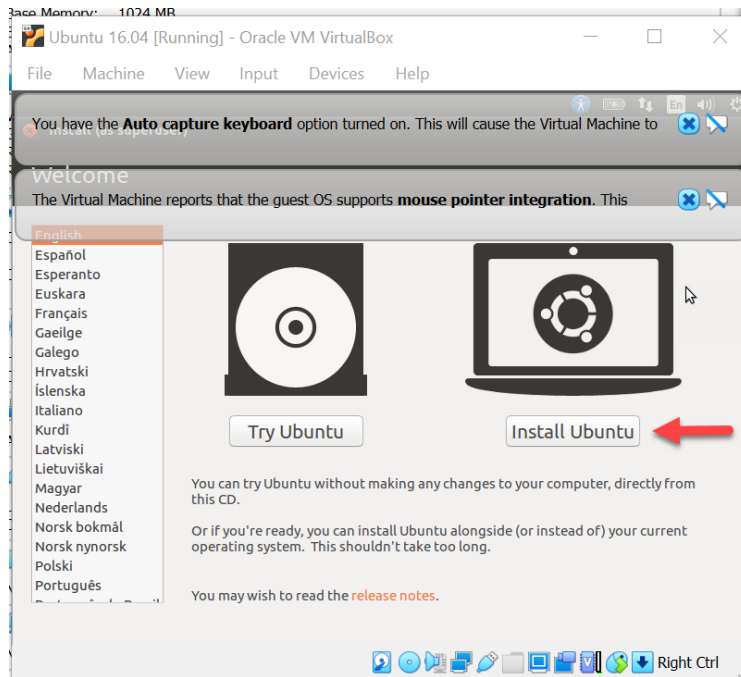
23. Select the file “ubuntu-16.04.7-desktop-amd64.iso” (in red box) and click “Open”



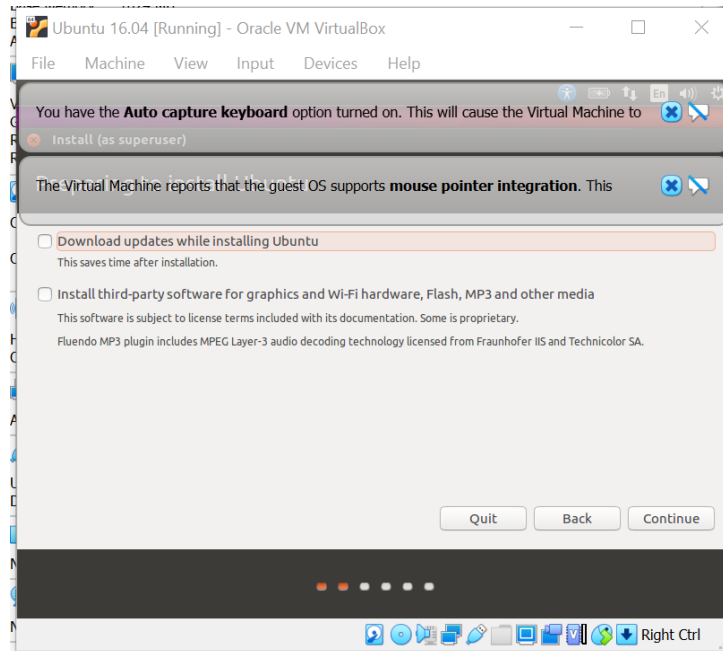
24. Select the file in the red box and click “Choose”



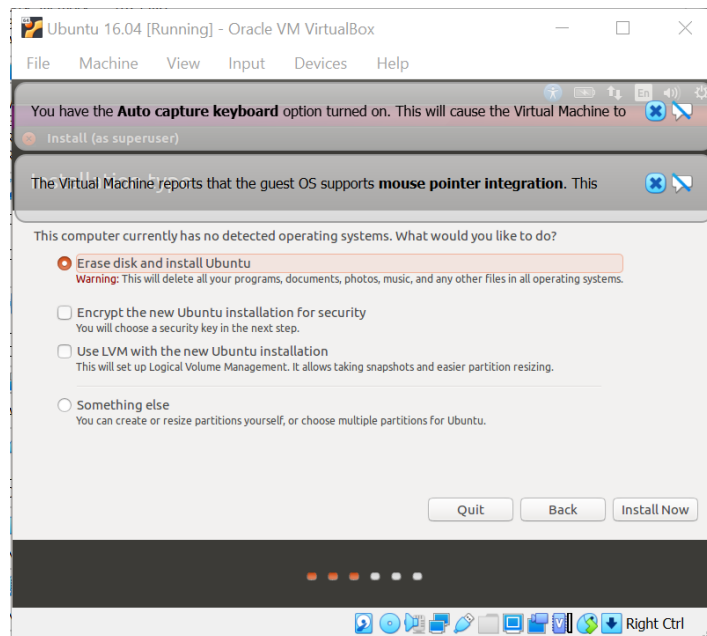
25. Click "Start"



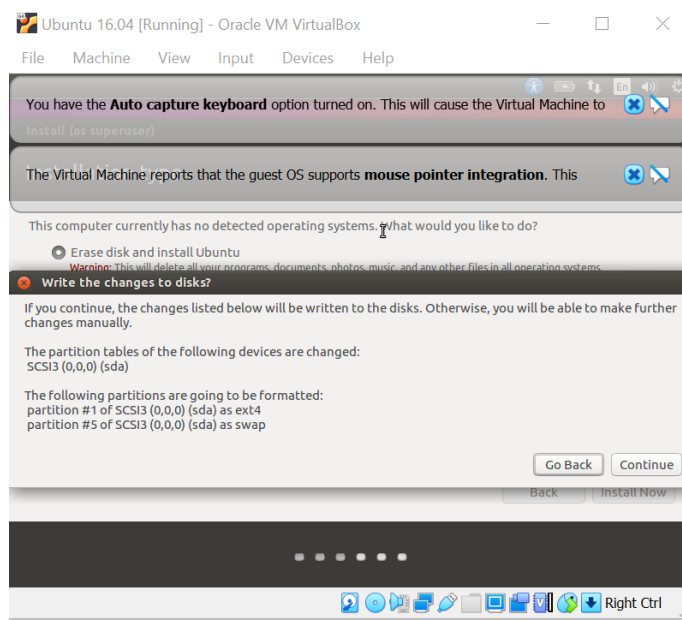
26. Click Install Ubuntu



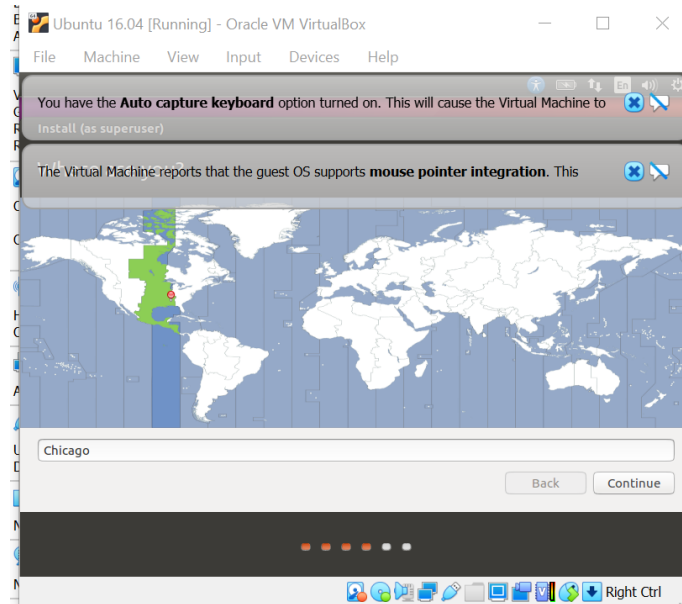
27. Click “Continue”



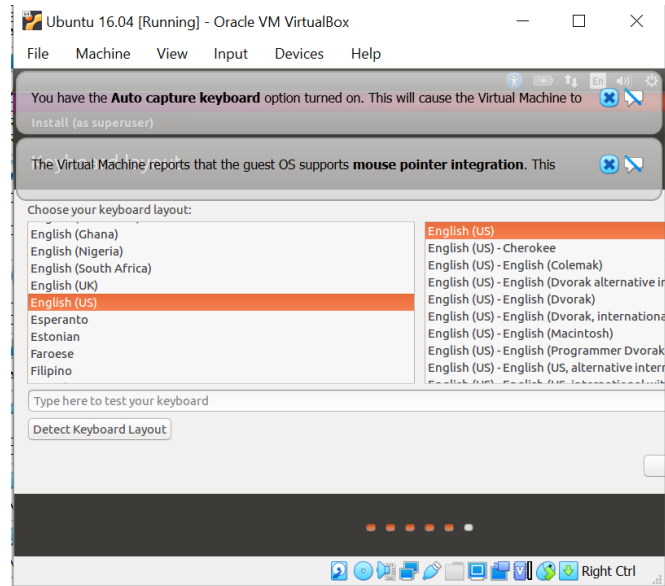
28. Click “Install now”



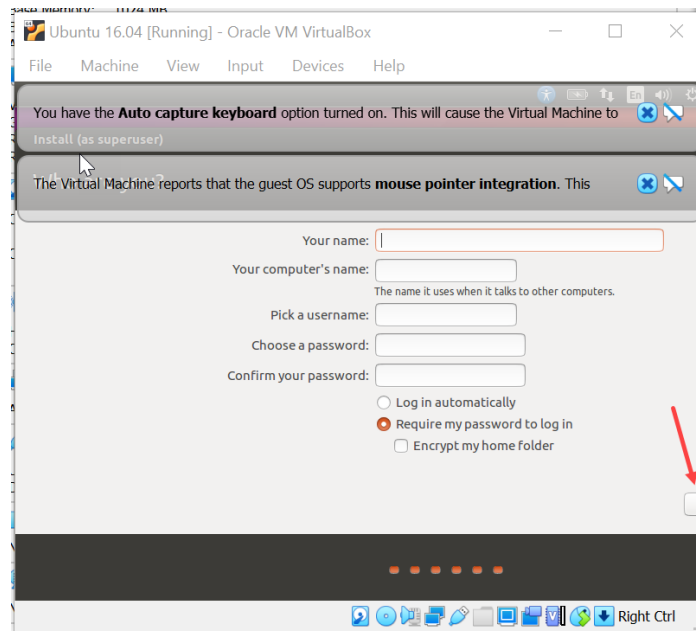
29. Click "Continue"



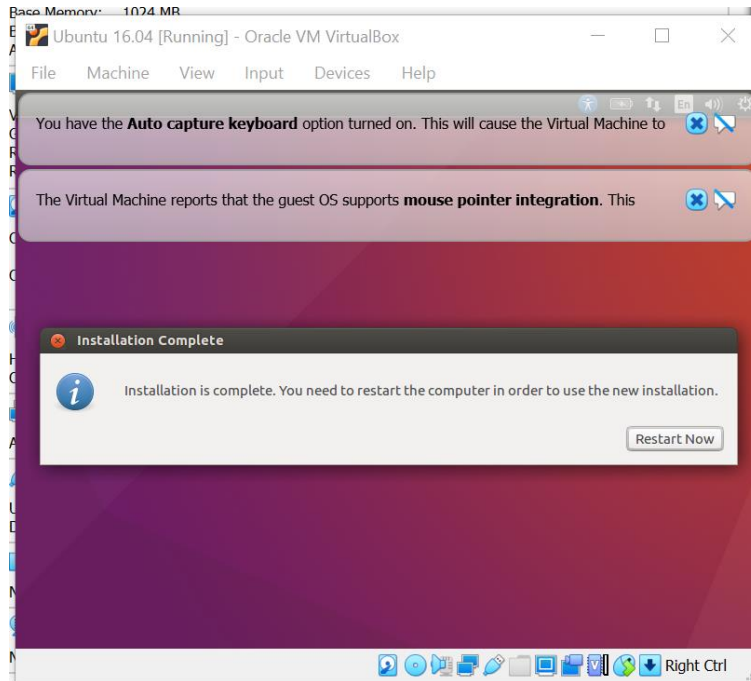
30. Click "Continue"



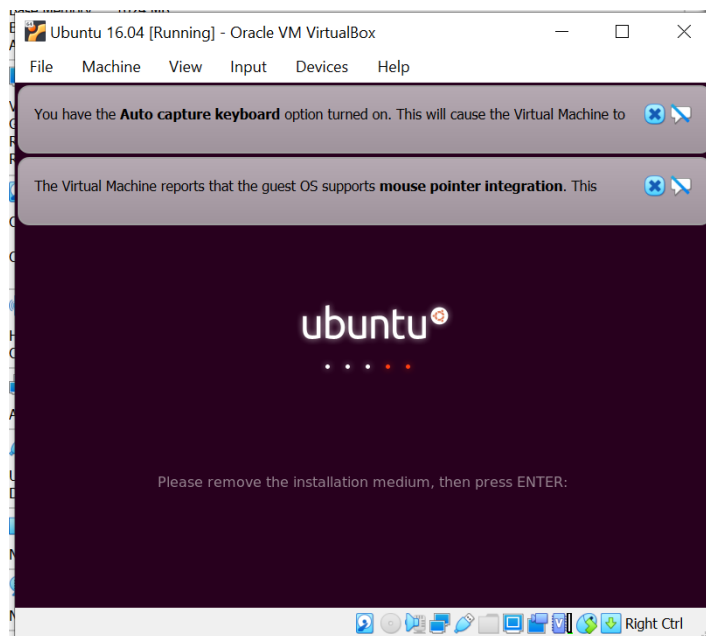
31. Point your mouse cursor at the highlighted “English (US)” on the left column and double click



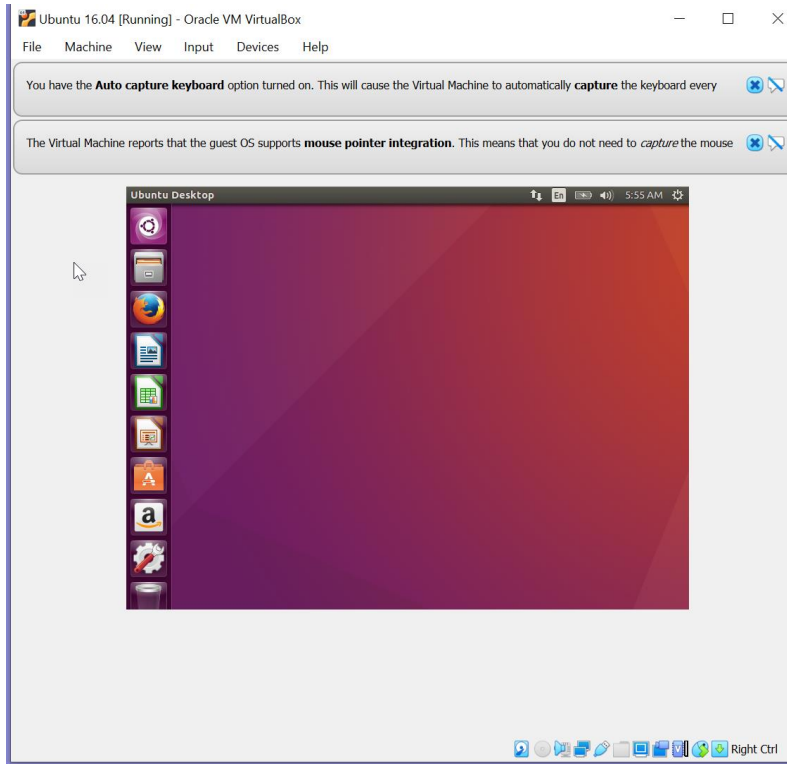
32. Enter your name (same as username), password, confirm password, then hit “TAB” key, you should see the outline of the box (pointed to by the red arrow) darken, hit “TAB” key again, then hit “ENTER”.



33. Click “Restart Now”



34. Press “ENTER”



35. Ubuntu 16.04 is now ready for use